

www.teammvptraining.com

Sports & Divisions

- **Baseball**
- **Softball**
- **Strength & Conditioning**

Become
MVP Elite!



MVP ELITE Discounts:

- 20% OFF All Services
- 20% OFF All Retail

MVP Elite = \$199.99

Family Pack = \$299.99

*up to 4 family members

*Please see full rate sheet at
www.teammvptraining.com/rates



Travel Teams

Northeast Exposure, home of the Northeast Expos is the Premier Travel Baseball Program of NEPA.
(Ages: 9u-18u)

Register for an upcoming tryout and learn more about our program at
www.northeastexposure.com.



Birthday Parties

Price: \$349

Looking for the best place to have your Birthday Party?

MVP was voted “Best Kids Birthday Place” by the Sunday Dispatch Reader’s Choice Awards.

Dodgeball, Kickball, Soccer, Wiffleball *and much more...*

**208 Fifth St.
West Pittston, PA 18643
Phone: 570.609.5118
teammvptraining@gmail.com**



Academy Brochure

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MVP's Mission

Team MVP delivers athletic-based training programs, expert coaching and the latest in sports training for all ages, all in a high-energy, motivating environment. Throughout the player's development, not only will we groom the athlete into an all-star on the field but most importantly an upstanding member of society off the field.

Hours of Operation:

(December 1 – April 30)
Mon. – Fri. 3pm-9pm
Sat. & Sun. 10am-5pm

(May 1 – November 30)
Mon. – Fri. 3pm-8pm
Sat. Closed
Sun. Closed

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MVP Sports Academy

Service Overview

- **Player Development**
- **Semi-Private Training**
- **Facility Rentals**
- **Camps & Clinics**
- **Private Lessons (1 on 1)**
- **HitTrax & Rapsodo**
- **Birthday Parties**

MVP's elite staff consists of both current and former collegiate players, professional players, and coaches. MVP has taken a collaborative approach and developed a teaching model that has proven success. We at MVP are determined to provide an elite level of service necessary to be the leader in the sports training industry. We strive to meet every training demand of our customers and will exceed their expectations for personalized service.

Facilities

As the most advanced & innovative indoor sports training facility in the Wyoming Valley. MVP Sports Academy, located in West Pittston, PA, is the perfect place for athletes of all ages. With more than 10,000 square feet under one roof, MVP Sports Academy has the unique capacity to host practices, birthday parties, and much more.

Semi-Private Training

It's the sweet spot between group training and personal training. It's a way to receive the motivation and support of a group while receiving a heavy dose of focused, intense coaching and skill development. Groups are limited to 4 players who are passionate about taking their skills up a few notches. Semi-private training is hands down the best way to get the results you want.

Ages:	
·FUNdamental (Ages 9-11)	
·Hybrid (Ages 9-12)	
·Novice (Ages 10-12)	
Single Session	\$25
4-Class Pack	\$80

Player Development

Our most prestigious and most committed program in our service lines. Our player development program is designed to tap into athlete's full potentials focusing on these major concepts:

- Swing Efficiency & Horsepower
- Speed Training
- Strength & Conditioning
- Throwing Program
- In-Game Hitting Simulations

Camps & Clinics

Register for your Upcoming MVP Camps & Clinics at:

www.teammvptraining.com

Private Lessons

MVP's Private Lessons guarantees each player will be thoroughly taught and evaluated in the all the areas necessary to reach the player's full potential. Through each players evaluation we can identify the strengths and weaknesses of the player and create a specific training regimen most beneficial for each particular individual.

Lesson Type	Standard	MVP ELITE
1 on 1	\$90	\$72
5 Sessions Package	\$425	\$340
10 Sessions Package	\$800	\$640

**(30 Min.) Sessions Available Upon Request*

Special Services & Events

- Recruiting Videos = *\$199*
- HitTrax & Rapsodo Video Capture, Analysis & Metrics Reports = *\$120*
- Pelotero Hitting Assessment = *\$80*
w/ Custom Hitting Program = *\$150*